

*Ingham County*

# 4-H Family News

May 8, 2020

## Virtual Livestock Webinars

Michigan 4-H hosted a series of livestock webinars that can be found online as follows:

Selection & What is the judge looking for: [https://mediaspace.msu.edu/media/Livestock+LearningA+Selection+%26+What+is+the+judge+looking+for/1\\_o5s8lsr6](https://mediaspace.msu.edu/media/Livestock+LearningA+Selection+%26+What+is+the+judge+looking+for/1_o5s8lsr6)

Showmanship Fundamentals: [https://mediaspace.msu.edu/media/Livestock+LearningA+Showmanship+Fundamentals/1\\_eqIngome](https://mediaspace.msu.edu/media/Livestock+LearningA+Showmanship+Fundamentals/1_eqIngome)

Beef Daily Care: [https://mediaspace.msu.edu/media/Livestock+LearningA+Beef+Daily+Care/1\\_3d47s3mf](https://mediaspace.msu.edu/media/Livestock+LearningA+Beef+Daily+Care/1_3d47s3mf)

Livestock Nutrition: [https://mediaspace.msu.edu/media/Livestock+LearningA+Livestock+Nutrition/1\\_dadv000e](https://mediaspace.msu.edu/media/Livestock+LearningA+Livestock+Nutrition/1_dadv000e)

Biosecurity at the show and on the farm: [https://mediaspace.msu.edu/media/Livestock+LearningA+Biosecurity+at+the+show+and+on+the+farm/1\\_7txr80es](https://mediaspace.msu.edu/media/Livestock+LearningA+Biosecurity+at+the+show+and+on+the+farm/1_7txr80es)

Sheep & Swine Daily Care: [https://mediaspace.msu.edu/media/Livestock+LearningA+Sheep+%26+Swine+Daily+Care/1\\_b081rqwf](https://mediaspace.msu.edu/media/Livestock+LearningA+Sheep+%26+Swine+Daily+Care/1_b081rqwf)

Goat Showmanship & Daily Care: <https://mediaspace.msu.edu/media/>

## Contact Us

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Facebook  
Ingham County 4H-MSU Extension



## 4-H Has Gone Virtual

The stay-at-home order and MSU Extension's decision to modify, postpone or cancel all face-to-face programming has resulted in 4-H programming going to a virtual format.

Understandably, our youth and adults are missing the in person interactions with their club members and leaders. Leaders are welcome to meet with their clubs in the virtual format and, if you need assistance setting a ZOOM meeting up, contact your 4-H Program Coordinator.

Looking at the positive side to this situation: Our youth are being offered opportunities from the entire state that they would not have been offered in the past. These offerings are highlighted in the Cloverleaf as well as on the Ingham County 4-H—MSU Extension Facebook Page.

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### 4-H Mini-Grants Now Available!

Michigan 4-H Foundation

**MINI-GRANTS  
AVAILABLE**

Apply for a grant up to \$1,000



Each year, the Michigan 4-H Foundation Board of Trustees approves grant opportunities for 4-H programs across the state.

These grants are designed to encourage program planning and participation by 4-H members and volunteers in partnership with MSU Extension 4-H program staff. The grants will be eligible for use in the 2020-2021 program year.

Several grant opportunities exist, ranging in value from \$400-1,000. Applications are due June 1. To learn more information about the grants visit <https://mi4hfdtn.org/grants/>.

## 4-H Events and Workshops

May 12: MSU Extension's Family Yoga with Kylie

*Online Zoom*

Help keep your family moving! Join MSU Extension for yoga, breathing and mindfulness. All ages and abilities welcome!

<https://www.canr.msu.edu/events/msu-extensions-family-yoga-with-kylie-may-12>

May 14: Ocean Explorers with Madison

*Online Zoom*

Join your 4-H friends and marine educator Madison Dix as we explore sea life! Learn about amazing creatures, their habitats and stewardship issues surrounding ocean life.

<https://www.canr.msu.edu/events/ocean-explorers-with-madison-may-14>

May 28: Adulting 101 Series— Cooking 101

*Online Zoom*

Learn quick tips for navigating life and college. In this session, learn tips and tricks for easy cooking. Preregistration required.

<https://www.canr.msu.edu/events/adulting-101-mayseries-cooking101>

For the full listing of virtual events for youth audiences, visit <https://bit.ly/3dqPffl>.



### Help Fight COVID-19 with the Michigan 4-H Mask Project

As the COVID-19 pandemic continues, the Michigan 4-H community has stepped up to help. CDC guidelines encourage the use of cloth face coverings to protect against disease spread; 4-H families across the state have sewn homemade cloth face coverings to protect the public, essential workers, and healthcare workers. By mid-April, more than 2,400 cloth face coverings had been donated to over 25 organizations. These cloth face coverings were created in 32 counties by more than 40 4-H youth and adult volunteers.

Though an amazing feat, the need is still great. Fortunately, the Michigan 4-H community is as great as the need; by working together, we can help to address this need and more.

The newly launched [Michigan 4-H Mask Project website](https://extension.msu.edu/MI4H Masks) ([extension.msu.edu/MI4H Masks](https://extension.msu.edu/MI4H Masks)) has instructions for making and donating to these efforts, using basic sewing skills and a few simple supplies. Join in making a difference in the fight against COVID-19.

Questions about this project? Contact MSU Extension Staff: Anne Kretschmann at [kretsch11@msu.edu](mailto:kretsch11@msu.edu) or Gary Williams at [will1009@msu.edu](mailto:will1009@msu.edu).

### Update on Face-to-Face 4-H Programming

On April 2, 2020, MSU made the decision to modify or suspend youth events scheduled to take place this summer on MSU's campus. This, combined with Gov. Whitmer's announcement that in-person K-12 instruction is suspended for the remainder of the academic year, has informed changes to MSU Extension's youth programming. These changes include:

- All on-campus MSU youth events scheduled to occur before September 1, 2020 will be modified to an online space, postponed or cancelled.
- No face-to-face MSU Extension youth events or programs will take place anywhere in the state, including summer camps, until September 1, 2020. This applies to events and activities scheduled through September 1 that are led by Michigan 4-H volunteers as well.

Given the fluid nature of this situation, it may be a few weeks before decisions are reached about which programs will become virtual versus which will be postponed or canceled; information will be shared as soon as it is available. Regardless, all program participants will receive a full refund for any out-of-pocket event fees already paid for affected programs. Staff will be in contact regarding this matter in the coming weeks; we appreciate your patience with this process.

This decision has implications on 4-H classes and activities at county fairs. MSU Extension is working with the Michigan Association of Fairs and Exhibitions, as well as local fair boards, to pursue new delivery methods for these 4-H events. Please watch for more information in the coming weeks.

Youth safety and security are a guiding principle of Michigan 4-H; this decision is a reflection of that and our ongoing commitment to helping Michigan youth be physically and emotionally safe. Although the right thing to do for the health and wellbeing of MSU Extension staff, volunteers, program participants and all Michiganders, this is still a heartbreaking decision for us.

Now more than ever, MSU Extension remains committed to delivering meaningful experiences to youth and volunteers through a variety of supplemental offerings that support the educational development of Michigan youth. We will continue to update our [Remote Learning and Resources](https://extension.msu.edu/Online4MI) space ([extension.msu.edu/Online4MI](https://extension.msu.edu/Online4MI)) with online programs, so be sure to visit the site frequently.

### Managing Youth Stress



The novel coronavirus pandemic has been stressful for everyone. Families and youth are navigating new challenges, including social distancing, uncertain health outcomes and "a new normal." These new stressors may spill over into their relationships and compound other stressful conditions in the family.

To help families better understand this stress and how to cope, MSU Extension has developed a new resource, "Managing Youth Stress."

To access the resource, visit [www.canr.msu.edu/resources/managing-youth-stress](https://www.canr.msu.edu/resources/managing-youth-stress).



## Virtual Rabbit Education Series

### REGISTRATION

[https://  
events.anr.msu.edu/  
VirtualRabbit/](https://events.anr.msu.edu/VirtualRabbit/)

**COST:** Free

### FURTHER INFORMATION:

[weissgle@msu.edu](mailto:weissgle@msu.edu) or  
517-676-7303

### LOCATION:

Virtual—you will receive  
the link upon  
registration

### SPONSORS

- Michigan State 4-H  
Rabbit and Cavy  
Programming  
Committee
- The Rabbit Show—  
You Tube Channel—  
David Moll & Allen  
Mesick



### Who should attend:

Youth ages 5-19 and volunteers who are interested in learning more about the rabbit project

### Description:

4-H volunteers, staff and ARBA judges are sharing their knowledge of the rabbit project area.

### Topics with Date

All will be at 6:00 p.m. unless otherwise noted

Meat Pens—From Breeding to Selection—Tuesday, May 5

Equipment and Supplies—Tuesday, May 12

Building a Rabbit Cage—Thursday, May 14

Showmanship—Saturday, May 16—this session is at 10 a.m.

General Care—Tuesday, May 19

Nutrition—Thursday, May 21

Breeding—Tuesday, May 26

Selection—Thursday, May 28

Body Types—Tuesday, June 2

Health—Thursday, June 4

Breed Selection—Thursday June 11

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## Daisy 4-H Shooting Sports Scholarship

Deadline May 15, 2020

***Applications Now Available***

[https://events.anr.msu.edu/daisy\\_scholarship/](https://events.anr.msu.edu/daisy_scholarship/)

## Speak Out! Stand Out!

A 4-H Public Speaking Course via Zoom

**Week 1: From Fear to Fantastic:** how to manage stage fright

**Week 2: Impromptu Speaking:** speaking "off the cuff" to celebrate/commemorate

**Week 3: Informative Speaking:** telling, teaching, talking about useful topics

**Week 4: Persuasive Speaking:** influencing positive changes through your ideas and words

Mondays: May 11, 18, 25, and June 1, 2020

6:00-6:30 pm Eastern Time Youth Grades 6-12

Registration: <https://events.anr.msu.edu/SpeakOutStandOut/>

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## *No-Fit Virtual Heifer & Steer Show*

JUNE 20, 2020

[HTTPS://WWW.FACEBOOK.COM/GROUPS/  
MISSAUKEESUMMERCLASSIC](https://www.facebook.com/groups/missaukeesummerclassic)

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# SHOW WHERE YOU ARE

**A VIRTUAL LAMB SHOW FOR  
MICHIGAN YOUTH AGES 5-19**



## WHEN

Forms and payment postmarked by 6/17/2020

Photos/videos emailed by 6/23/2020 @ noon EST

Placings announced 6/26 by 2 pm

## PRIZES

Awards for top 5 in each class for ages 8-19

All 5-7 year olds receive feedback and awards.

Feedback provided via email to all participants

## COST

\$10 for the first two classes

\$4 per additional class

**CLASSES: Showmanship • Market • Virtual Buyer's Letters • Educational Poster/Display •**

**ACES** (A Class where Everyone Succeeds, specifically designed for youth with disabilities)

A FUNDRAISER HOSTED  
BY KALKASKA COUNTY  
4-H MEMBERS TO  
SUPPORT VIRTUAL 4-H  
PROGRAMS IN 2020

## REGISTRATION

**Forms and payment  
must be mailed to:**

Kalkaska County 4-H  
890 Island Lake Road  
Kalkaska, MI 49646

## QUESTIONS & ENTRIES, EMAIL:

[showwhereyouare@gmail.com](mailto:showwhereyouare@gmail.com)

## OTHER DETAILS:

\*A great way for youth to gain experience before your 2020 virtual fair!

\*Entries are non-refundable.

\*Market weight classes will be split when entries close.

\*Weights should be best estimate.

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# States' 4-H 2020 Summer Pen Pal Program

CONNECT WITH STATES' 4-H YOUTH FROM  
AROUND THE GLOBE THIS SUMMER!

OUR PEN PAL PROGRAM RUNS  
FROM JUNE - AUGUST 2020!

## Steps to Participate

### Sign up!

- 1) Visit <https://www.surveymonkey.com/r/7Q3DJVJ> and fill in your information.

### Match!

- 2) We will pair you with a same gender, similar aged youth from a country of your preference (if possible).

### Connect!

- 3) Write at least once per month with your match (you should each receive and send at least one message per month).

### Make Friends!

- 4) Pair up with your pen pal and share fun facts about your daily life and culture. Be sure to check out our recommended topic of the month as a starting point for your letters.

### Share!

- 5) Tell us what you've learned about your pen pal at the end of the summer. Send us a short summary introducing your new friend, including photos you may have received!



LET'S MAKE INTERNATIONAL FRIENDS  
THIS SUMMER!

## 4-H Youth Activities at Home

**4-H at home** - Don't let being at home stop you from exploring, discovering and making a difference. In 4-H, you can meet a NASA engineer, learn about healthy eating, build photography skills or deepen your commitment to high-quality animal care. We'll have new events each week on a variety of topics. Connect with us to be sure you can learn and lead right where you live!

## Youth Rabbit and Cavy Project Highlight

Youth, showcase your rabbit and cavy breed while educating your fellow 4-H members.

Selected videos will be highlighted on the virtual learning opportunities “Rabbit Breed Selection” and “Cavy Breed Selection” .

Suggested topics to include in the video include:

- Why you chose the breed you have?
- What you like about the breed?
- Is there anything you do not like about the breed?
- Special things about the breed
- Number of varieties, posed vs. running, fur/wool, care, etc.



Upload video files with youth name, state, and county to [https://drive.google.com/drive/folders/1uLOSojO5WpWpF8pRFcFS-VtTmDfeCg\\_T?usp=sharing](https://drive.google.com/drive/folders/1uLOSojO5WpWpF8pRFcFS-VtTmDfeCg_T?usp=sharing)

The first frame of the video should be your written e-mail address—write it largely on a piece of paper and video it. This will be deleted if your video is selected.

Email your file name to me—[weissgle@msu.edu](mailto:weissgle@msu.edu)

Selected videos will be sent a media release form to complete and submit.

You should include your animals in the video while highlighting the breed.

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## ARE YOU THE JEDI WE'RE LOOKING FOR?

### Jedi Training Club

Do you have what it takes to harness the force and become a guardian of peace and justice? Can you follow in the footsteps of Yoda, Luke Skywalker, and Rey?

Find your inner harmony young padawan. Join in the journey to take down the Sith. Each session explore a new skill of the Jedi through mindfulness. Our last sessions will be the Jedi trails, where after completion you will become a Jedi Knight. Join 4-H as you embrace the ways of THE FORCE!

Dates: Every Thursday

May 21st - June 18th

Time: 11:00 am - Noon

Location: Zoom online meeting app

Participation: Open to all in Michigan

To Register Visit:

<https://events.anr.msu.edu/jeditraining>

For more information email:

Jessica Price | [brown130@msu.edu](mailto:brown130@msu.edu)

Susan Kirkman | [kirkmans@msu.edu](mailto:kirkmans@msu.edu)

...MAY THE FORCE BE WITH YOU

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4-H GROWS HERE

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Supporting  
teens through  
this  
challenging  
time

We are sponsoring a webinar series to help youth thrive during the COVID-19 pandemic. [The first webinar focuses on teens and how we, as caring adults, can help them thrive!](#) Family development Extension educators will talk about supporting teens as they deal with isolation, loss of activities and celebrations during the COVID-19 pandemic.

May 12 at 8 p.m.

[Free, but pre-registration required.](#)

Join Leelanau County 4-H volunteer Leslie Sutor for a free course on raising backyard chickens! In this 4-session Zoom course, From Egg to Coop, you will learn about embryology, considerations before you get started with raising backyard chickens, where to get chickens, adult chickens versus raising from chicks, breeds, daily care, and housing. For the whole family! Starts Saturday, May 16, at 11:00 am.

Registration: <https://events.anr.msu.edu/EggToCoop/>

You will be sent the Zoom link through email just before the class starts.

# FROM EGG TO COOP

## A Backyard Chickens Course via Zoom

**Family-friendly and Free!**



**Saturdays: May 16, 23, 30 and June 6**

**11:00-11:30 am Eastern Time      All Ages Welcome**

**Registration: <https://events.anr.msu.edu/EggToCoop/>**

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## 4-H Babysitting Workshop

**DATE & TIME:**

Tuesdays  
@ 11 am  
May 26—June  
30, 2020

**LOCATION:**  
Zoom

**WHO SHOULD ATTEND:**

Youth ages 10-19 who want to learn about caring for children and being a great babysitter.

**DESCRIPTION:**

- Learn about the responsibilities of babysitting and becoming a capable, caring, trustworthy and responsible sitter.
- Help develop the confidence needed to handle situations that could happen while caring for children.
- Hear about the business aspects of babysitting.

**REGISTRATION:**

Registration is required. Register at <https://events.anr.msu.edu/WexfordVirtualBabysitting/>

**CONTACT:**

Brandie Sigler— 231-920-7748 or [siglerbr@msu.edu](mailto:siglerbr@msu.edu)

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